

Expectations for ALL Sports Parents

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What are the Expectations for ALL Sports Parents? Here is a list of 7 good ones.

1: Cheer for ALL players on the TEAM

Parents: when you sign your child up for a team sport, you become a part of the team. In essence, you have adopted the other players as your own. Cheer for them ALL. This is the purpose of team sports. This is the right thing to do.

2: Support the Officials

Officiating is a tough job. We are losing officials left and right. If you cannot treat the officials kindly, then leave. If we do not have officials, we do not have team sports. Do your part -> Be a + Role Model -> Lead by Example.

3: Speak + about the Coaches

Coaching is a very demanding job. Coaches are getting harder to find as well. It is the coach's job to think of the team first. Your child's individual interests always come second to the team. Speak + about coaches. Don't be that parent.

4: Encourage and Support your Child

Your child needs you as a support for them. They do not need you to solve their problems. Accept the struggle of team sports. Talk them through the adversity that naturally occurs in team sports. These are the life lessons that will make them better people.

5: Ask Questions - Not Opinions

Don't act like you know more than the coach. You are not at practice each day. It isn't easy to manage and lead a TEAM. Until you have done it, you have no idea. Ask questions, and don't give opinions.

6: Be a + influence at games

Parents are tone-setters too. Be a + influence at all sporting events. Your attitude is contagious to others. Be a positive role model. Lead by example.

7: Be a fan of the TEAM

This is the beauty of team sports. Turn yourself into a fan of the team and know that your child has an important role. Don't obsess about playing time. Let Go. You will enjoy the experience so much more. Think WE > ME.